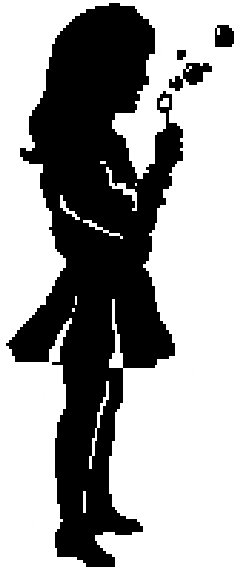


## ***Your foster child's well-child health checkup will include:***

- ✓ A growth, development, and health history
- ✓ A head-to-toe physical exam
- ✓ A record of height and weight
- ✓ A review of nutrition and eating habits
- ✓ A dental screening and referral to a Denti-Cal dentist
- ✓ A hearing test
- ✓ A vision test
- ✓ Necessary immunizations against diseases such as polio, measles, rubella, mumps, tetanus, diphtheria, chickenpox, whooping cough, and hepatitis
- ✓ Blood and urine tests
- ✓ A tuberculosis (TB) test
- ✓ An explanation of the results of the well child checkup
- ✓ Answers to your questions



## ***Do you have questions?***

If you have questions or concerns about the well-child checkup your foster child receives

or

If you need assistance finding your foster child a doctor or dentist in your area,

**call the CHDP Program office**

**1-800-675-2229**



*If the well-child checkup shows a need for treatment, it is important to follow the advice you are given. Necessary treatment will be provided and paid for as long as your foster child is covered by Medi-Cal.*

**County of San Diego**  
Health and Human Services Agency  
P.O. Box 85222  
San Diego, CA 92186-5222

Rev. 5/03

**County of San Diego**  
Health and Human Services Agency

Child Health and Disability  
Prevention (CHDP) Program



## **No-cost Health Checkups for Children in Foster Care**

*with your foster child's  
Medi-Cal card.*



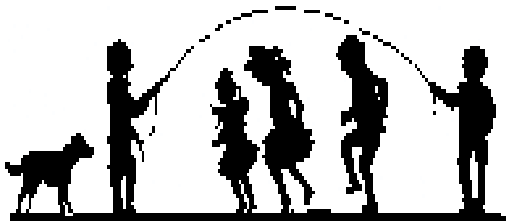
# Foster Care Well-child Health Checkups

## ***Foster children deserve regular health checkups.***

Regular well-child health checkups are an important part of the care you give your foster child.

Often, foster children have had little or no health care. They may have more health problems than other children. They may have problems you cannot see.

A health problem found and treated early is easier to correct, may prevent serious problems later on, and saves money on medical costs.



## **The CHDP Program**

The Child Health and Disability Prevention (CHDP) Program provides these preventive health exams for children to find and correct health problems early. These well-child health and dental checkups are given at no cost to you because your foster child is in the Medi-Cal program.

## Appointment Schedule

Age	Time before next well-child exam
Under 1 month	1 month
1-2 months	2 months
3-4 months	2 months
5-6 months	2 months
7-9 months	3 months
10-12 months	3 months
13-15 months	3 months
16-23 months	6 months

Foster children over age two may have a well-child exam every year



## ***Call now for an appointment.***

Your foster child's regular doctor is the best person to give the health checkup.

- ✓ The child's doctor *must* accept Medi-Cal.
- ✓ A nearby clinic or health center may accept Medi-Cal.

## ***Remember to bring your foster child's:***

- ✓ Medi-Cal card (BIC)
  - ✓ Health and Education Passport or any other available health records
  - ✓ Immunization or shot records
- to the well-child health checkup.**



## ***"Let's see that smile!"***

Children who are on Medi-Cal may receive a routine dental checkup every six months. Visiting a dentist early can teach your foster child good dental hygiene and help prevent cavities.

To find a participating Denti-Cal dentist near you, call the CHDP Program

**1-800-675-2229**