

**Table 1. Weapon-Carrying & Safety  
San Diego Youth Risk Behavior Survey, 1991 - 2001**

Survey Question	Year						1999 National Data
	1991	1993	1995	1997	1999	2001	
Carried a weapon such as a gun, knife, or club <sup>1</sup> (YRBS Q.13)							
Total	22.8	21.0	18.5	18.2	14.0	12.3	18.3
Male	33.5	33.0	30.2	28.4	22.9	19.5	27.7
Female	11.9	9.5	8.1	7.8	5.3	5.2	7.0
Carried a weapon such as a gun, knife, or club on school property <sup>1</sup> (YRBS Q.15)							
Total	NA	11.0	7.9	7.2	6.5	5.0	8.5
Male		17.0	12.2	10.6	10.8	7.2	12.5
Female		5.0	4.1	3.7	2.1	2.8	3.7
Felt too unsafe to go to school <sup>1*</sup> (YRBS Q.16)							
Total	NA	9.0	6.9	5.7	6.6	9.6	4.0
Male		11.2	8.3	5.9	6.4	8.2	4.1
Female		6.7	5.6	5.3	6.9	11.1	3.9
Threatened or injured with a weapon such as a gun, knife or club on school property <sup>2</sup> (YRBS Q.17)							
Total	NA	9.8	9.5	8.1	9.4	10.1	7.4
Male		14.9	13.9	10.8	12.4	12.9	10.2
Female		4.6	5.5	5.3	6.3	7.4	4.0
Property stolen or deliberately damaged on school property <sup>2</sup> (YRBS Q.88)							
Total	NA	34.8	39.8	36.5	NA	30.3	32.9
Male		39.2	44.0	41.2		32.7	36.1
Female		30.3	36.1	31.6		27.7	29.0

NA Not available.

1 On one or more of the 30 days preceding the survey.

1\* YRBS was administered in March/April of 2001 in the wake of the Grossmont Union High School District shootings.

2 one or more times during the 12 months preceding the survey.

**Table 2. Physical Fighting  
San Diego Youth Risk Behavior Survey, 1991 - 2001**

Survey Question	Year						1999 National Data
	1991	1993	1995	1997	1999	2001	
In a physical fight <sup>1</sup> (YRBS Q.18)							
Total	38.6	39.8	34.6	37.2	34.8	33.5	36.6
Male	44.5	47.7	44.3	45.6	41.2	39.3	45.5
Female	32.4	32.2	26.0	28.9	28.6	27.8	26.0
Injured in a physical fight <sup>2</sup> (YRBS Q.19)							
Total	3.6	5.0	4.2	4.7	4.8	4.5	3.5
Male	5.1	6.7	5.3	6.2	6.1	5.7	4.6
Female	2.0	3.4	3.3	3.2	3.5	3.4	2.2
In a physical fight on school property <sup>1</sup> (YRBS Q.20)							
Total	NA	15.6	13.7	14.8	12.8	12.1	14.8
Male		22.1	20.1	20.4	18.5	14.3	20.0
Female		9.3	8.1	9.2	7.1	9.9	8.6
Fought with a friend or someone they knew the last time they were in a physical fight (YRBS Q.89)							
Total	38.7	33.2	24.3	25.0	NA	19.5	NA
Male	37.3	31.8	29.7	30.5		24.0	
Female	40.1	34.7	19.6	19.4		15.1	

NA Not available.

1 One or more times during the 12 months preceding the survey.

2 Students who were injured seriously enough to be treated by a doctor or nurse one or more times during the 12 months preceding the survey.

**Table 3. Suicide Attempts**  
**San Diego Youth Risk Behavior Survey, 1991 - 2001**

Survey Question	Year						1999 National Data
	1991	1993	1995	1997	1999	2001	
Seriously considered attempting suicide <sup>2</sup> (YRBS Q.24)							
Total	28.2	25.7	26.7	22.7	22.3	21.0	20.5
Male	21.7	21.1	20.7	16.0	17.0	16.1	15.1
Female	34.7	30.3	32.1	29.3	27.3	26.1	27.1
Made a suicide plan <sup>2</sup> (YRBS Q.25)							
Total	16.7	22.2	20.7	21.1	17.7	16.9	15.7
Male	11.3	18.3	16.4	15.3	12.4	11.9	12.2
Female	22.1	26.1	24.5	26.9	22.9	22.1	20.0
Attempted suicide <sup>1,2</sup> (YRBS Q.26)							
Total	6.3	9.9	10.0	9.5	9.2	10.5	7.7
Male	3.1	7.0	6.1	4.9	6.4	6.3	4.5
Female	9.5	12.8	13.7	13.9	11.8	14.5	11.6
Suicide attempt required medical attention <sup>2</sup> (YRBS Q.27)							
Total	2.2	2.5	2.8	3.0	3.3	3.5	2.6
Male	1.7	2.4	1.6	2.2	3.0	3.6	2.0
Female	2.9	2.6	3.9	3.9	3.3	3.5	3.3

1 One or more times.

2 During the 12 months preceding the survey.

**Table 4. Tobacco Use  
San Diego Youth Risk Behavior Survey, 1991 - 2001**

Survey Question	Year						1999 National Data
	1991	1993	1995	1997	1999	2001	
Lifetime cigarette use <sup>1</sup> (YRBS Q.28)							
Total	67.6	65.4	69.3	70.8	62.8	61.8	70.2
Male	71.3	65.8	71.7	72.2	64.9	62.2	70.9
Female	63.7	64.9	67.1	69.2	60.7	61.5	69.3
Current cigarette use <sup>2</sup> (YRBS Q.30)							
Total	17.9	21.7	23.8	24.2	23.1	17.1	36.4
Male	18.2	22.5	24.1	25.5	24.9	17.0	37.7
Female	17.7	20.8	23.6	23.0	21.5	17.1	34.7
Frequent cigarette use <sup>3</sup> (YRBS Q.M1)							
Total	NA	NA	NA	7.5	5.7	4.7	16.7
Male				8.7	6.8	5.3	17.6
Female				6.4	4.7	4.2	15.7
Cigarette use on school property <sup>4</sup> (YRBS Q.34)							
Total	NA	8.7	10.1	9.6	7.1	4.4	14.6
Male		10.4	10.1	11.8	7.8	4.6	15.9
Female		7.0	10.1	7.5	6.5	4.4	13.0
Smokeless-tobacco use <sup>5</sup> (YRBS Q.37)							
Total	4.3	4.3	3.2	2.5	2.5	2.5	9.3
Male	7.1	7.9	5.5	3.4	3.5	3.8	15.8
Female	0.5	0.7	1.2	1.6	1.5	1.2	1.5

NA Not available.

1 Ever tried cigarette smoking, even one or two puffs.

2 Smoked cigarettes on one or more of the 30 days preceding the survey.

3 Smoked cigarettes on 20 or more of the 30 days preceding the survey.

4 On one or more of the 30 days preceding the survey.

5 Used chewing tobacco or snuff on one or more of the 30 days preceding the survey.

**Table 5. Alcohol Use  
San Diego Youth Risk Behavior Survey, 1991 - 2001**

Survey Question	Year						1999 National Data
	1991	1993	1995	1997	1999	2001	
Lifetime alcohol use <sup>1</sup> (YRBS Q.40)							
Total	73.8	72.3	74.0	76.1	75.3	76.5	79.1
Male	77.9	71.5	75.3	77.2	77.1	75.6	79.7
Female	69.7	73.0	73.0	75.0	73.8	77.4	78.4
Current alcohol use <sup>2</sup> (YRBS Q.42)							
Total	44.8	43.7	44.1	47.1	39.4	41.0	50.8
Male	46.6	43.5	45.1	48.8	40.1	39.3	53.3
Female	43.0	43.7	43.4	45.5	39.1	42.6	47.8
Alcohol use on school property <sup>2</sup> (YRBS Q.44)							
Total	NA	7.7	9.7	11.0	9.4	9.2	5.6
Male		9.2	10.5	10.6	9.8	9.2	7.2
Female		6.1	9.0	11.2	9.0	9.2	3.6
Episodic heavy drinking <sup>3</sup> (YRBS Q.43)							
Total	25.5	22.4	23.9	27.1	22.3	24.3	33.4
Male	28.5	25.0	27.0	30.2	24.8	23.3	37.3
Female	22.6	19.6	21.3	23.9	20.1	25.3	28.6

NA Not available.

1 Ever had at least one drink of alcohol.

2 Drank alcohol on one or more of the 30 days preceding the survey.

3 Drank 5 or more drinks of alcohol on at least one occasion on one or more of the 30 days preceding the survey.

**Table 6.**  
**Marijuana, Cocaine & Other Drug Use**  
**San Diego Youth Risk Behavior Survey, 1991 - 2001**

Survey Question	Year						1999 National Data
	1991	1993	1995	1997	1999	2001	
Lifetime marijuana use <sup>1</sup> (YRBS Q.45)							
Total	35.9	36.5	44.7	49.6	43.1	41.8	47.2
Male	41.4	40.3	48.2	52.9	46.8	44.1	51.0
Female	30.2	32.7	41.6	46.3	39.8	39.5	43.4
Current marijuana use <sup>2</sup> (YRBS Q.47)							
Total	18.1	22.6	26.5	26.4	22.2	22.5	26.7
Male	21.7	26.5	29.3	29.7	26.5	24.3	30.8
Female	14.5	18.6	24.2	23.0	18.2	20.8	22.6
Marijuana use on school property <sup>2</sup> (YRBS Q.48)							
Total	NA	9.3	11.8	9.8	7.0	7.1	7.2
Male		12.1	15.7	11.7	9.2	9.0	10.1
Female		6.3	8.5	8.0	4.9	5.3	4.4
Lifetime cocaine use <sup>3</sup> (YRBS Q.49)							
Total	8.1	8.8	9.8	9.9	8.4	8.8	9.5
Male	6.9	9.3	10.3	9.3	8.6	8.0	10.7
Female	9.3	8.3	9.4	10.5	8.2	9.5	8.4

**Table 6. Continued**  
**Marijuana, Cocaine & Other Drug Use**  
**San Diego Youth Risk Behavior Survey, 1991 - 2001**

Survey Question	Year						1999 National Data
	1991	1993	1995	1997	1999	2001	
Current cocaine use <sup>4</sup> (YRBS Q.50)							
Total	2.6	4.3	4.4	4.0	3.2	3.8	4.0
Male	2.7	5.0	4.4	4.0	4.1	3.8	5.2
Female	2.5	3.6	4.4	4.1	2.3	3.7	2.9
Lifetime use of other illegal drugs <sup>5</sup>							
Total	12.0	14.9	16.0	15.8	NA	NA	NA
Male	16.6	15.6	19.1	16.7			
Female	7.1	16.6	13.2	14.9			
Lifetime illegal steroid use <sup>6</sup> (YRBS Q.54)							
Total	2.2	3.1	3.3	3.7	3.4	5.2	3.7
Male	3.4	4.3	4.4	4.5	3.6	5.1	5.2
Female	0.9	2.6	2.4	2.9	3.1	5.3	2.2
Lifetime injected illegal-drug use <sup>7</sup> (YRBS Q.56)							
Total	3.1	2.6	2.0	2.2	1.5	1.8	1.8
Male	3.7	3.8	2.8	3.0	2.1	2.1	2.8
Female	2.4	1.2	1.3	1.3	0.8	1.4	0.7

NA Not available.

1 Ever used marijuana.

2 Used marijuana one or more times during the 30 days preceding the survey.

3 Ever tried any form of cocaine including powder, crack, or freebase.

4 Used any form of cocaine including powder, crack, or freebase one or more times during the 30 days preceding the survey.

5 Ever used any other type of illegal drug, such as LSD, PCP, ecstasy, mushrooms, speed, ice, or heroin.

6 Ever used illegal steroids (i.e., took steroid pills or shots without a doctor's prescription one or more times during their life).

7 Ever injected illegal drugs (i.e., used a needle to inject any illegal drug into their body one or more times during their life).

**Table 7. Sexual Behaviors**  
**San Diego Youth Risk Behavior Survey, 1991 - 2001**

Survey Question	Year						1999 National Data
	1991	1993	1995	1997	1999	2001	
Ever had sexual intercourse (YRBS Q.58)							
Total	48.0	45.4	44.6	44.7	38.5	38.2	49.9
Male	55.6	50.6	50.5	46.0	44.4	42.3	52.2
Female	40.3	40.2	39.5	43.4	32.7	34.4	47.7
Currently sexually active <sup>1</sup> (YRBS Q.61)							
Total	NA	NA	30.6	31.2	25.3	26.6	36.3
Male			31.8	29.2	27.2	26.3	36.2
Female			29.6	33.1	23.3	27.0	36.3
Four or more sex partners during lifetime (YRBS Q.60)							
Total	15.8	16.3	14.8	15.1	11.0	11.2	16.2
Male	21.0	19.9	18.6	17.9	16.5	13.5	19.3
Female	10.4	12.8	11.4	12.2	5.7	9.0	13.1
Condom use during last sexual intercourse <sup>2</sup> (YRBS Q.63)							
Total	45.0	47.4	48.2	50.1	58.3	62.7	58.0
Male	45.2	55.5	53.2	55.5	65.1	63.7	65.5
Female	44.9	39.5	43.2	45.8	51.0	61.6	50.7

NA Not available.

1 Sexual intercourse during the 3 months preceding the survey.

2 Among currently sexually active students (i.e., those who reported sexual intercourse during the past 3 months).



**Table 8. Dietary Behaviors  
San Diego Youth Risk Behavior Survey, 1991 - 2001**

Survey Question	Year						1999 National Data
	1991	1993	1995	1997	1999	2001	
Described themselves as slightly or very overweight (YRBS Q.66)							
Total	NA	NA	29.8	28.2	29.9	29.3	30.0
Male			22.1	21.9	23.1	23.7	23.7
Female			36.8	34.6	36.1	35.0	36.4
Were attempting weight loss (YRBS Q.67)							
Total	38.9	37.7	38.6	41.0	43.3	45.6	42.7
Male	22.2	21.6	22.2	27.3	27.6	31.9	59.4
Female	56.3	53.9	53.1	54.8	58.9	59.4	26.1
Dieted to lose weight or to control weight gain <sup>1,2</sup> (YRBS Q.69)							
Total	NA	NA	27.8	29.7	36.9	37.2	40.0
Male			13.6	17.4	22.5	24.9	25.0
Female			40.6	42.2	51.2	49.4	56.1
Took laxatives or vomited to lose weight or to control weight gain <sup>1</sup> (YRBS Q.72)							
Total	NA	NA	4.6	5.4	4.4	5.6	4.8
Male			2.7	3.0	2.4	3.8	2.2
Female			6.2	7.8	6.5	7.3	7.5
Took diet pills to lose weight or to control weight gain <sup>1,3</sup> (YRBS Q.71)							
Total	NA	NA	7.0	6.1	7.3	8.1	7.6
Male			3.7	4.5	2.9	6.3	4.4
Female			9.8	7.7	11.5	9.9	10.9

NA Not available.

1 During the 30 days preceding the survey.

2 Question slightly modified in 1999 (i.e., ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight).

3 Question slightly modified in 1999 (i.e., took diet pills, powders, or liquids without a doctor's advice to lose weight or to control weight gain).

**Table 9. Dietary Behaviors  
San Diego Youth Risk Behavior Survey, 1991 - 2001**

Survey Question	Year						1999 National Data
	1991	1993	1995	1997	1999	2001	
Attended PE class <sup>1</sup> (YRBS Q.84)							
Total	67.2	65.2	65.5	64.8	64.0	63.7	29.1
Male	75.6	69.9	69.6	68.3	68.4	68.1	31.9
Female	58.7	60.5	61.6	61.2	60.0	59.2	26.3
Exercised 20 minutes or more in an average PE class <sup>2</sup> (YRBS Q.85)							
Total	60.9	54.6	54.4	53.0	83.3	84.9	76.3
Male	69.9	61.2	61.6	58.6	87.4	87.6	82.1
Female	61.6	48.2	48.0	47.5	79.4	81.8	69.6
Participated in vigorous physical activity <sup>3</sup> (YRBS Q.80)							
Total	NA	68.6	63.2	67.4	67.4	65.0	64.7
Male		77.4	71.6	74.2	74.2	72.3	72.3
Female		59.8	55.6	60.5	60.2	57.8	57.1
Participated in strengthening exercises <sup>4,5</sup> (YRBS Q.82)							
Total	NA	NA	49.5	52.5	55.2	52.4	53.5
Male			59.1	60.6	66.6	60.2	63.5
Female			40.6	44.5	44.1	44.9	43.6

NA Not available.

1 One or more days during an average school week.

2 Question slightly modified in 1999 (i.e., of students enrolled in PE, the percentage who exercised or played sports more than 20 minutes during an average PE class).

3 Activities that caused sweating and hard breathing for at least 20 minutes on 3 or more of the 7 days preceding the survey.

4 Such as push-ups, sit-ups, or weight lifting on 3 or more of the 7 days preceding the survey.

5 Question slightly modified in 1999 (i.e., percentage of students who did exercises to strengthen or tone their muscles on 3 or more of the past 7 days).