



What is the problem?

The 2009 San Diego Youth Risk Behavior Survey indicates that among high school students:

Sexual Risk Behaviors

- 39% ever had sexual intercourse.
- 5% had sexual intercourse for the first time before 13 years.
- 11% had sexual intercourse with four or more persons during their life.
- 28% had sexual intercourse with at least one person during the 3 months before the survey.
- 35% did not use a condom during last sexual intercourse. (1)
- 80% did not use birth control pills or Depo-Provera before last sexual intercourse to prevent pregnancy. (1)
- 12% were never taught in school about AIDS or HIV infection.

Alcohol and Other Drug Use

- 21% drank alcohol or used drugs before last sexual intercourse. (1)
- 2% used a needle to inject any illegal drug into their body one or more times during their life.

What are the solutions?

Better health education • More comprehensive health services • More supportive policies

What is the status?

The 2008 San Diego School Health Profiles indicates that among high schools:

Health Education

- 0% required students to take two or more health education courses.
- 97% taught 8 key pregnancy, HIV, or other STD prevention topics in a required course.
- 100% taught 3 key topics related to condom use in a required course.
- 100% taught how to access valid and reliable health information, products, or services related to HIV, other STDs, and pregnancy in a required course.
- 97% had a lead health education teacher who received professional development during the two years before the survey on HIV prevention.
- 77% had a lead health education teacher who received professional development during the two years before the survey on pregnancy prevention.

Health Services

- 86% had a full-time registered nurse.

Supportive Policies

- 79% had policies on students or staff who have HIV infection or AIDS that addressed attendance of students with HIV infection, procedures to protect HIV-infected students and staff from discrimination, and maintaining confidentiality of HIV-infected students and staff.
- 91% had a gay/straight alliance or similar club.

1. Among students who were currently sexually active.

Where can I get more information? Visit www.cdc.gov/healthyyouth or call 800-CDC-INFO (800-232-4636).

